

# APOGEE ADVENTURES

## 2025 Maine Coast Junior Summarized Itinerary

**Trip Begins:** Wakefield, Massachusetts (flights into Boston, MA)  
**Trip Ends:** Wakefield, Massachusetts (flights out of Portland, ME)

**Days 1 & 2:** After meeting outside of Boston this afternoon, we will make our way north to our first campground in the great state of Maine. We will play get-to-know-you games, set up our tents, and get dinner ready before our first campfire of the week. The next morning, our professional sea kayaking guides will facilitate a kayaking safety and skills orientation before we enjoy a morning exploring the beautiful, protected waters of Casco Bay. Then, we will head “downeast” to Mount Desert Island and Acadia National Park, the Eastern Jewel of the National Park System, which will serve as our home and playground for the next three days.

**Days 3 & 4:** Over the next few days, we will explore all corners of Acadia and the quaint coastal town of Bar Harbor. We will hike pine-forested hills to beautiful views of the ocean and the lobster boats working near the shore, cool off with a dip at Sand Beach, and visit Bass Harbor Lighthouse – one of Maine’s most iconic lighthouses. We will then explore Bar Harbor’s charming downtown and picnic on rocky seaside bluffs before returning to camp for dinner and s’mores around the campfire.

**Days 5 & 6:** On the morning of Day 5, we will enjoy one last scenic hike before returning to Freeport, Maine, and Casco Bay, where we will spend our last two nights together. We will spend a half day volunteering with a local community-focused organization before heading into town for a final celebratory dinner at a restaurant – a great ending to a great week!

**Day 7:** On the morning of Day 7, we will wake up and pack up camp one last time. We will head back south to say fond farewells, promising to stay in touch with new friends!

*Please note that each Maine Coast Junior group might experience the activities above in a slightly different order. All itineraries are subject to change.*