## APOGEE ADVENTURES 2025 Iceland Mountains & Coast Summarized Itinerary

**Trip Begins:** Reykjavík, Iceland (flights into Keflavík Airport) **Trip Ends:** Reykjavík, Iceland (flights out of Keflavík Airport)

**Day 1:** Our group will meet at Iceland's primary airport just outside the capital city, Reykjavik, before

transferring to our nearby campground along the coast. There, we'll shake off the jetlag, get to know each other, and make a tasty dinner before heading to bed early to rest up for our

adventure.

Days 2-4: We will transfer north on the morning of Day 2 to the fishing town of Grunðafjörður, home to

the iconic Mt. Kirkjufell. On our way there, we'll take a pit stop at the stunning Hvammsvik Hot Springs. We'll soak in natural geothermal hot springs that overlook the beautiful waters of Hvalfjördur. The brave ones among us will jump into the ocean (before running back into the warmth of the hot spring pools). On Day 3, we'll head out to kayak the bay surrounding majestic Mt. Kirkjufell in Grunðafjörður. On our last day in Grunðafjörður, we will explore the trails surrounding Kirkjufell, taking in stunning views of waterfalls, mountains, and ocean along

the way.

**Days 5-7:** On Day 5, we will transit to Vík, a small town on the island's south coast. Here, we will explore

the area's famous black sand beaches and hike up into the picturesque hills above town. Our time here will be dedicated to exploring the many hiking trails around Vík, catching glimpses of the nearby glacier as well as taking in the awe-inspiring Reynisdrangar Sea Stacks from high

above the waves below.

**Days 8-10:** On Day 8, we will transit east to Skaftafell, a region within the Vatnajökull National Park, home

to dozens of beautiful hiking trails. On our first full day in Skaftafell, we will meet up with our professional guides and explore a branch of the Vatnajokull glacier – Europe's largest glacier! Our guides will teach us how to don our crampons and wield our ice picks and we'll begin our trek along the glacier, taking in the unique colors and formations of the ice that surrounds us. Day 10 is our "challenge day" hike where we will follow a breathtaking trail up and over a peak

deep into the heart of the National Park.

Days 11 & 12: We will wave goodbye to the Skaftafell Glacier on the morning of Day 11 and transit back to Reykjavik – (with a brief stop at the world famous Skogafoss waterfall, of course!). We'll then head into Reykjavik to explore the city before enjoying a celebratory dinner together – a great

way to cap an amazing adventure. Finally, and reluctantly, we'll head back to the airport on Day

12 to bid our new friends farewell.

Please note that all itineraries are subject to change.